Precision in Motion Conference Program

Friday, December 11, 2026

8:00 AM–12:00 PM	**OPTIONAL Pre-Conference Ultrasound Workshop (Registration Required)** Michael Meng, DC, RMSK, ARNP, FNP-BC, FIAAM & Leslie Aja, RMSKS	
10:00 AM–12:00 PM	**Conference Registration**	
12:00 PM–1:00 PM	**Lunch**	
1:00 PM–1:05 PM	**Welcome Address – Nathalie Stephens, PhD**	
1:05 PM–1:30 PM	**Beyond Platelet Concentration: Designing PRP for the Biology of the Target Tissue** – Sina Farzaneh, PhD	
1:30 PM–3:15 PM	**Synergy in Practice: Biologics + Adjunct Therapies**	
	1:30 PM – 1:45 PM	**Photobiomodulation with Orthobiologics - Optimizing Success –** Rowan Paul, MD
	1:45 PM – 2:00 PM	**Stacking Healing...How Shockwave Supercharges PRP, BMAC, and MFAT –** Gayan Poovendran, MD
	2:00 PM – 2:15 PM	**Photobiomodulation with the Use of a Catheter-Based Laser System** - Michael Meng, DC, RMSK, ARNP, FNP-BC, FIAAM
	2:15 PM – 2:30 PM	**Synergistic Healing: Enhancing Orthobiologics Outcomes with Shockwave Therapy** - Perry Cammisa, DC
	2:30 PM – 2:45 PM	Erek Latzka, MD — Title TBD
	2:45 PM – 3:00 PM	**Integrating Biologics & Adjunct Therapies: Advanced Strategies for Precision Regenerative Medicine –** Anthony Oliva, PhD
	3:00 PM–3:15 PM	**Panel Q&A Moderator –** Nathalie Stephens, PhD
3:15 PM–3:45 PM	**Break in Exhibitor Hall**	
3:45 PM–4:35 PM	**Beyond One Biologic: A Case-Based Panel on Combination Orthobiologics in Athletes**	
	3:45 PM – 4:05 PM	**Orthobiologics in the Elite Athlete- When Pain Relief is Just the Start –** Rowan Paul, MD
	4:05 PM–4:25 PM	Erek Latzka, MD
	4:25 PM–4:35 PM	**Panel Q&A Moderator** – Nathalie Stephens, PhD
4:35 PM–5:30 PM	**Live Patient Demonstration** - Moisés Irizarry, MD (Live Stream)	
6:00 PM–7:00 PM	**Welcome Reception**	

Precision in Motion Conference Program

Saturday, December 12, 2026

7:00 AM–8:00 AM	**Breakfast**	
8:00 AM–8:05 AM	**Morning Welcome**	
8:05 AM–9:40 AM	**Fat, Function & Form: The Adipose Symposium**	
	8:05 AM–8:25 AM	**Adipose Tissue in Regenerative Medicine: From Structure to Signaling** - Sina Farzaneh, PhD
	8:25 AM–8:45 AM	**Microfat and Nanofat: Harvesting, Processing and Injecting for Aesthetic Procedures** - Randy Miller, MD
	8:45 AM–9:05 AM	**When does Adipose Outperform other Biologics? Results from Databiologics –** Rowan Paul, MD
	9:05 AM–9:25 AM	**Adipose Tissue, Adiposopathy, and Mitochondria –** Steven Murphy, MD
	9:25 AM–9:40 AM	**Panel Q&A Moderator -** Nathalie Stephens, PhD
9:40 AM–10:00 AM	**Emerging Regenerative Therapies: The Promise of Nanofat and PRP for the Treatment of Mature Scar Tissue –** Randy Miller, MD	
10:00 AM–10:30 AM	**Break & Exhibitor Hall**	
10:30 AM–12:15 PM	**Precision Optimization Before Treatment: Advanced Examination and Metabolic Evaluation**	
	10:30 AM–10:50 AM	**Optimizing Results: Pre-and-Post Procedural Recommendations: Ensuring That Your Patients Get the Most Out of Their Treatment –** Gayan Poovendran, MD
	10:50 AM–11:20 AM	**Biomechanical Assessment Prior to Orthobiologics –** Perry Cammisa, DC
	11:20 AM–11:40 AM	**Current Ultrasound Imaging of Fascia and Fascial Dysfunctions –** Michael Meng, DC, RMSK, ARNP, FNP-BC, FIAAM
	11:40 AM–12:00 PM	**What is MOBOT? AKA Metabolic Optimization before Orthobiologic Treatment –** Steven Murphy, MD
	12:00 PM–12:15 PM	**Panel Q&A**
12:15 PM–1:15 PM	**Lunch Sponsored by CE Laser**	
1:15 PM–3:15 PM	**Hands-On Workshops**	
3:15 PM–3:45 PM	**Break with Exhibitors**	
3:45 PM–5:15 PM	**Hands-On Workshops**	
7:00 PM–10:00 PM	**Dinner & Live Band**	

Precision in Motion Conference Program

Sunday, December 13, 2026

7:00 AM–8:00 AM	**Breakfast**
8:00 AM–10:00 AM	**Hands-On Workshops**
10:00 AM–10:30 AM	**Break & Exhibitor Hall**
10:30 AM–12:00 PM	**Hands-On Workshops**
12:00 PM–1:00 PM	**Lunch**
1:00 PM–1:25 PM	**Where's my Money? –** Moisés Irizarry, MD
1:30 PM–1:55 PM	**Emerging Frontiers in Regenerative Medicine –** Sina Farzaneh, PhD
1:55 PM–2:00 PM	**Close**

Cadaver Workshops Saturday and Sunday

- **Nerve Hydrodissection / Nerve Block -** Erek Latzka, MD
- **Adipose Harvesting -** Randy Miller, MD & Gayan Poovendran, MD
- **Bone Marrow Aspiration -** Moisés Irizarry, MD
- **Spinal Injection Techniques -** Michael Meng, DC, RMSK, ARNP, FNP-BC, FIAAM
- **Intraosseous -** Rowan Paul, MD
- **Biologic Processing**

Adjunct Therapy Workshops Sunday

- **Shockwave Therapy -** Perry Cammisa, DC
- **Laser Therapy -** Rowan Paul, MD

Live Patient Procedures Saturday

- Michael Meng, DC, RMSK, ARNP, FNP-BC, FIAAM
- Moisés Irizarry, MD
- Gayan Poovendran, MD

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