Precision in Motion Conference Program

19.25 CME Credits

Friday, December 11, 2026

8:00 AM–12:00 PM	**OPTIONAL Pre-Conference Ultrasound Workshop (Registration Required)** Michael Meng, DC, RMSK, ARNP, FNP-BC, FIAAM & Leslie Aja, RMSKS	
10:00 AM–12:00 PM	**Conference Registration**	
12:00 PM–1:00 PM	**Lunch**	
1:00 PM–1:05 PM	**Welcome Address – Nathalie Stephens, PhD**	
1:05 PM–1:30 PM	**Beyond Platelet Concentration: Designing PRP for the Biology of the Target Tissue** – Sina Farzaneh, PhD	
1:30 PM–3:15 PM	**Synergy in Practice: Biologics + Adjunct Therapies**	
	1:30 PM – 1:45 PM	**Photobiomodulation with Orthobiologics - Optimizing Success –** Rowan Paul, MD
	1:45 PM – 2:00 PM	**Stacking Healing...How Shockwave Supercharges PRP, BMAC, and MFAT –** Gayan Poovendran, MD
	2:00 PM – 2:15 PM	**Photobiomodulation with the Use of a Catheter-Based Laser System** - Michael Meng, DC, RMSK, ARNP, FNP-BC, FIAAM
	2:15 PM – 2:30 PM	**Synergistic Healing: Enhancing Orthobiologics Outcomes with Shockwave Therapy** - Perry Cammisa, DC
	2:30 PM – 2:45 PM	Erek Latzka, MD — Title TBD
	2:45 PM – 3:00 PM	**Integrating Biologics & Adjunct Therapies: Advanced Strategies for Precision Regenerative Medicine –** Anthony Oliva, PhD
	3:00 PM–3:15 PM	**Panel Q&A Moderator –** Nathalie Stephens, PhD
3:15 PM–3:45 PM	**Break in Exhibitor Hall**	
3:45 PM–5:20 PM	**Fat, Function & Form: The Adipose Symposium**	
	3:45 PM–4:05 PM	**Adipose Tissue in Regenerative Medicine: From Structure to Signaling –** Sina Farzaneh, PhD
	4:05 PM–4:25 PM	**Microfat and Nanofat: Harvesting, Processing and Injecting for Aesthetic Procedures –** Randy Miller, MD
	4:25 PM–4:45 PM	**When Does Adipose Outperform Other Biologics? Results from Databiologics –** Rowan Paul, MD
	4:45 PM–5:05 PM	**Adipose Tissue, Adiposopathy, and Mitochondria –** Steven Murphy, MD
	5:05 PM–5:20 PM	**Panel Q&A Moderator –** Nathalie Stephens, PhD
5:20 PM–5:50 PM	**Emerging Regenerative Therapies: The Promise of Nanofat and PRP for the Treatment of Mature Scar Tissue –** Randy Miller, MD	
5:50 PM–5:55 PM	**Close –** Nathalie Stephens, PhD	
6:00 PM–7:00 PM	**Welcome Reception and Exhibit Hall**	

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Precision in Motion Conference Program

Saturday, December 12, 2026

7:00 AM–8:00 AM	Breakfast
8:00 AM–10:00 AM	Hands-On Workshop
10:00 AM–10:30 AM	Break
10:30 AM–12:00 PM	Hands-On Workshop
12:00 PM–1:00 PM	Lunch Sponsored by CE Laser
1:00 PM–3:00 PM	Hands-On Workshop
3:00 PM–3:30 PM	Break
3:30 PM–5:00 PM	Hands-On Workshop
7:00 PM–10:00 PM	Dinner and Live Band

Cadaver Workshops Saturday

- **Nerve Hydrodissection / Nerve Block –** Erek Latzka, MD
- **Adipose Harvesting –** Randy Miller, MD & Gayan Poovendran, MD
- **Bone Marrow Aspiration –** Moisés Irizarry, MD
- **Spinal Injection Techniques –** Michael Meng, DC, RMSK, ARNP, FNP-BC, FIAAM
- **Intraosseous –** Rowan Paul, MD
- **Biologic Processing**

Adjunct Therapy Workshops Saturday

- **Shockwave Therapy –** Perry Cammisa, DC
- **Laser Therapy –** Rowan Paul, MD

Live Patient Procedures Saturday

- Michael Meng, DC, RMSK, ARNP, FNP-BC, FIAAM
- Moisés Irizarry, MD
- Gayan Poovendran, MD

Precision in Motion Conference Program

Sunday, December 13, 2026

7:00 AM–8:00 AM	**Breakfast**	
8:00 AM–8:55 AM	**Beyond One Biologic: A Case-Based Panel on Combination Orthobiologics in Athletes**	
	8:00 AM–8:20 AM	**Orthobiologics in the Elite Athlete – When Pain Relief is Just the Start –** Rowan Paul, MD
	8:20 AM–8:40 AM	**Erek Latzka, MD**
	8:40 AM–8:55 AM	**Panel Q&A Moderator –** Nathalie Stephens, PhD
8:55 AM–10:35 AM	**Precision Optimization Before Treatment: Advanced Examination and Metabolic Evaluation**	
	8:55 AM–9:15 AM	**Optimizing Results: Pre-and-Post Procedural Recommendations: Ensuring That Your Patients Get the Most Out of Their Treatment –** Gayan Poovendran, MD
	9:15 AM–9:40 AM	**Biomechanical Assessment Prior to Orthobiologics –** Perry Cammisa, DC
	9:40 AM–10:00 AM	**Current Ultrasound Imaging of Fascia and Fascial Dysfunctions –** Michael Meng, DC, RMSK, ARNP, FNP-BC, FIAAM
	10:00 AM–10:20 AM	**What is MOBOT? AKA Metabolic Optimization before Orthobiologic Treatment –** Steven Murphy, MD
	10:20 AM–10:35 AM	**Panel Q&A**
10:35 AM–11:05 AM	**Break in Exhibitor Hall**	
11:05 AM–11:30 AM	**Building a Successful Practice –** Moisés Irizarry, MD	
11:30 AM–11:55 AM	**Emerging Frontiers in Regenerative Medicine –** Sina Farzaneh, PhD	
11:55 AM–12:10 PM	**Ask the Experts –** Moderator Nathalie Stephens, PhD	
12:10 PM–12:15 PM	**Conference Wrap Up –** Sina Farzaneh, PhD	
12:15 PM–1:30 PM	**Farewell Lunch**	